

PromisesFriday 26th May

7.30pm

To submit an advanced bid, please email centreadmin@avonridingcentre.org.uk with the lot number you are bidding on, the amount you will bid, your name and phone number. Or send the same information to us by post.

All bids are legally binding.

Should you be successful, we will phone for credit card payment after the event.

Avon Riding Centre for the Disabled is not responsible for the quality or delivery of the promise.

| Lot Number | Promise | Details |
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| 1 | 6 beginner's salsa lessons for 2 in your own home delivered by a qualified salsa teacher. | Want to learn to dance, but worried about looking like a plonker in a class? These classes are perfect for you! |
| 2 | Boeuf bourgignon for 6 people, cooked the French way | Family Supper taken care of for one night at least – either for you, or for someone else who needs it more. There's nothing like a home-cooked meal to give comfort. |
| 3 | A 10 week course in one of the following languages: Spanish, French, Italian, German, Mandarin, Welsh, Polish, Japanese, Arabic, Portuguese, Russian | Get ready for that holiday, or just challenge your brain to learn something new. Lessons take place at International House language school in Clifton. |
| 4 | An afternoon at Nailsea Croquet Club, on some of the best croquet lawns in the South West. | The offer is for 4 people and we can accommodate up to 8 if necessary. Instruction will be provided as will all the equipment plus tea & refreshments. The club facilities are amongst the best in the South West and visiting teams always seem to enjoy their visit, whether they win or lose! Only available on Tuesday Thursday & Friday. If we cannot find a time during the day to suit, then we can accommodate people in the evening. |
| 5 | A phone box in Stoke Village 100 yards from downs. | Your chance to own some prime Bristol real-estate. The Centre bought it a few years ago for £1. Can you help us to make a profit? |
| 6 | Hawk Walk for 2 with John Dowling Falconry | Your chance to walk with and handle birds of prey. |
| 7 | Spa & Dine for 2 with 3 course meal and champagne. | An evening at one of Bristol's most unique venues: The Lido at Clifton. An absolutely glorious spot with a beautiful pool, hot tub, sauna and all the facilities you'd expect, plus a first class restaurant. You'll receive a one-hour treatment each and use of the facilities, plus 3 course meal with champagne. |
| 8 | A place on a half day training course: Sensory Issues in autism and ADHD | Debra Westgate is an Advanced OT, clinical lead for Autism, has taught to degree level. Her courses will lead you to a new understanding of anyone with autism/ADHD that you look after or work with. |
| 9 | A Baby Quilt | A handmade gift for that special new baby in your life. |
| 10 | A bespoke Poem by Award-Winning poet and stand-up comedian Angie Belcher | Angie will spend an hour with you, getting to know you and finding out what you'd like in your poem, and then write you a bespoke poem. Perfect for special anniversaries, birthdays, etc, but also for businesses looking for a new angle for marketing. |

| 11 | A week of Cottage Glamping! | Throw off the trappings of the 21st Century, live the |
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| | | simple life for a week. On edge of Pembrokeshire National Park, this simple cottage gives you a |
| | | chance to get outdoors and have a relaxing holiday |
| | | for a week. Outside loo and shower, but inside |
| | | warm as toast with woodburner and Raeburn stove. |
| 12 | 1 outdoor family photo shoot | Claire Stevens does weddings and family |
| | | portraiture, as well as head shots and commercial |
| | | work. |
| 13 | Hour long massage | Portrait can include pets. Holistic therapist and Reflexologist Carol Massey is |
| 13 | Hour long massage | offering an hour of holistic massage. |
| 14 | A 1:1 Pilates session | Pilates offers the chance to gently strengthen and |
| | | tone the body, and is particularly good for core |
| | | strength. Nicky Wilkinson is offering a one-to-one session either to help with specific problems or to |
| | | introduce you to the technique. |
| 15 | A 1:2 or 1:3 Pilates Session | As above, but for you and a friend. |
| 16 | 6 bottles of wine | |
| 17 | A Narrowboat day trip for up to 10 people. | A day on Dottie B, a 55 foot narrowboat based at |
| | | Bathampton on the Kennet and Avon Canal. She will take up to 10 people for a day trip and we will |
| | | give full training on how to sail her and navigate |
| | | swing bridges etc. |
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| 19 | Dog care for a weekend | Becca will look after your dog so you can get away |
| | | for a weekend. The dog must be prepared to spend |
| | | time around chilled retriever. |
| 20 | An original watercolour painting | Your chance to commission a bit of artwork: a |
| | | Bristol scene of your choosing, 8" x 11", mounted, to suit a 11" x 14" frame. |
| 21 | A ride in a 1926 Buick 6 Tourer | Perfect for a special occasion, hot date, wedding or |
| | 2020 20101 0 100101 | prom. This beautiful cream-coloured open top car |
| | | will help you to channel your inner Bugsy Malone, |
| | | or lend proper pomp and circumstance to your |
| | | event. Give plenty of notice as the car is booked into several rallies over the summer. |
| 22 | A trip in a 1958 Austin Healey | Go back to the most glamorous era of racing as |
| | 100/6 BN4 | the passenger in this fantastic car in original |
| | | condition. 1 passenger only as a two seater |
| | | vehicle |
| 23 | Monthly cake for a year. | Delivered to the Centre or other venue to be |
| | luna Matada Cara | agreed, one home-made cake a month: June – |
| | June - Victoria Sponge | Victoria Sponge, July – Chocolate Chip |
| | | Brownies, August – Lemon Drizzle Traybake, September – Fruit Cake, October – Chocolate |
| | | September - Fruit Cake, October - Chocolate |

| | | Sponge, November – Sultana and Orange Traybake, December – Flapjacks, January – Carrot Cake, February – Chocolate Chip and Vanilla Marble Cake, March – Marmalade Cake, April – Malted Chocolate Cake, May – Madeira Cake. |
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| 24 | 2 Exterior Valets for your car | Bring the cars paintwork to life! |
| | | A complete valet to the outside of your car. Exterior washed and towel dried Wheels cleaned and tyres dressed Tail pipes polished Tar spots removed Exterior hand polished Exterior glass cleaned (Use by 12-12-17) |
| 25 | Italian meal for 2 | Meal for two at Prego, family-run Italian restaurant on North View. Includes prosecco on arrival |
| 26 | A bowling trip | 4 tickets to Hollywood Bowl, Cribbs Causeway |
| 27 | 4 cinema tickets | 4 tickets to a film of your choice at Vue, Cribbs Causeway |
| 28 | A basket of home-baked goodies | Includes cake, bread etc. |
| 29 | Original framed painting of a horse | |
| 30 | Executive coaching session | Not sure how to achieve a particular goal in life or at work? Would you like some help unravelling your thoughts and finding some ways forward? Spend 90 minutes with Sandra and she'll help you to make sense of it all. Coaching session could be held during the week (daytime or evening) or at weekends. We would |
| | | arrange to meet at a convenient location. |
| 31 | 12 months Enterprise Car Club Membership | If your car mostly lives in your driveway, the car club could be the answer for you! Enterprise have cars parked all over Bristol (and the UK), you use the handy app to book them by the hour and off you go. Need a bigger car for the day? Use the car club. It's more economical than having an underused car of your own and really flexible and fun. Members must be UK licence e |

32 Your day will start 8am with the daily rounds at the hospital and, following your induction, you will start shadowing cases with our expert specialist clinicians at 8:30am. Throughout the day you will get to experience first-hand the inner workings that make B&W one of the South West's industry leading equine hospitals, from orthopaedic exams and a wide range of surgical procedures to advanced dentistry, diagnostic imaging, gastroscopy and neurological cases. You'll also get to meet the hospital team who can give you an unprecedented insight into the many roles that support our hospital clinicians such as nurses, lab technicians, the yard team and imagining technicians as well as the clinicians themselves. Winner must be over the age of 18. Day finishes at approx. 6pm. Mutually convenient date to be Go Behind the Scenes at B&W's Equine arranged. Hospital